



Created by Emmy Award-Winning
FoodPlay Productions

FOODPLAY®

VIDEO SHORTS

Fun Nutrition in Bite-Size Videos!

Use these exciting short videos
to make nutrition come alive!

14 Videos (3 – 6 minutes each)

A Complete Nutrition Unit for Grades K-5

Spark excitement for nutrition with these fun-filled video shorts that make it easy for teachers to fit nutrition into their teaching. Just select a topic, and watch kids take charge of growing up healthy, active, and fit!

Kids learn how to:

- Fuel up with breakfast at home or at school!
- Balance their meals with MyPlate!
- Read It Before You Eat It!
- Discover the difference between Whole Foods and Foods with Holes!
- Celebrate Fruits and Veggies!
- Choose healthy snacks or make their own!
- Have fun being physically active!
- Feed their minds with healthy messages!
- Make choices that are good for their health and the health of the planet!

“A fabulous video series! Makes it easy, fun, and exciting to teach nutrition and inspire kids to improve their eating and physical activity habits!”

—Cindy Coughlin, Health and Physical Education Teacher, Springfield, MA

FOODPLAY SHORTS

Video Kit includes Flash drive with 14 short videos (3-6 minutes each)

Plus: FOODPLAY Follow-Up Activity Kit

A complete set of discussion questions, standards-based lesson plans, hands-on activities, and reproducible activity sheets to teach nutrition all year long!



Sneak Preview and Order:
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