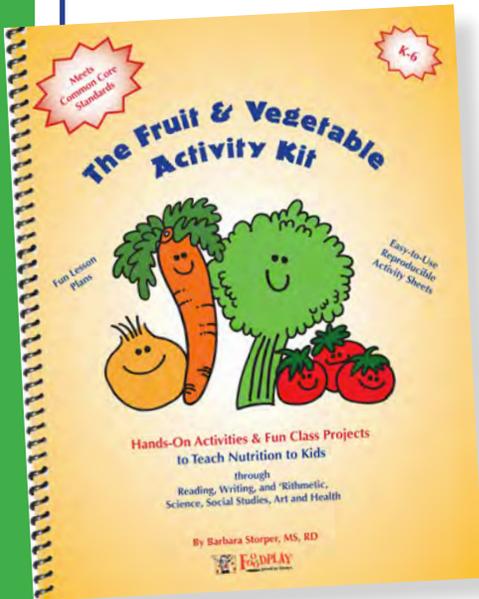


NUTRITION ACTIVITY GUIDEBOOKS

The Fruit & Vegetable Activity Kit



(Ideal for grades K-6)

132 pages filled with everything you need – fun class projects, hands-on activities, standards-based lesson plans, and reproducible activity sheets to engage children in life-long learning.

From creating seasonal food wheels to fun morning announcements, preparing healthy snacks to exploring cultural cuisines, kids will be inspired to eat more fruits and vegetables as they learn all about them, from seed to plate! **Ideal for Grades K–6.**

“A fabulous resource for involving kids in creative food and nutrition activities all year long!”—Deborah Barbe, Food Educator, *Cooking with Kids*

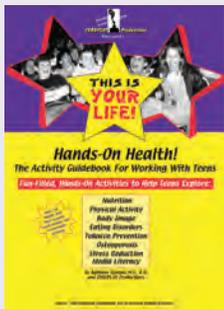
Meets Common Core Standards and Teaches Nutrition through Core Subject Areas!

Price:

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Easy to use activities, fun lesson plans, and reproducible activity sheets help students explore how to build a balanced diet with MyPlate for breakfast, lunch, dinner, and snacks. Keyed to lower and upper elementary grades and core subject areas. (25 pages)

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