ToBe Fit – The Juggling Nutrition Magician Show

"Whatever you want to do or to be, You can learn how – from books at your library!"

Rave Reviews from Libraries!

"You were tremendous! I loved when you juggled the apples and I will give up sugar eating and soda drinking cause I saw your show!"

-John G, 4th Grader, Hartford, CT

"A fantastic, fun-filled program! Our kids and parents loved Tobe Fit, and they even said they were going to eat healthy after seeing it I recommend this show to everyone!"

-Elizabeth MacGregor, Program Director, Flint Public Library, Middleton, MA

"The best show I've seen at a library – ever! Not only does it have amazing magic and wonderful juggling, but the actor was great! The show was so much fun and engaging to both children and adults, and with such an important message about nutrition! A totally enjoyable show, and my daughter wanted to eat apples by the end! What a perfect way to get the healthy message across to kids!" —Hillary Haft Bucs, Parent, Hatfield Library and Assoc. Professor of Theater, Western New England University, Springfield, MA

"What a wonderful show to see at our library! I want to tell everyone I know about bringing you – you were fantastic!"

-Anita Garnett, Parent, Beardsley & Memorial Library, Winsted, CT

"The show was AWESOME! I hope every child in the country can see this show, plus bring their parents too! You'll make amazing impact helping kids and families develop healthy habits to help them be the best they can be! My kids loved it too, and are actually eating their vegetables now! I'm definitely a fan!"

-Elyana Bassell, Parent, East Longmeadow, MA

"ToBe Fit was fabulous! She has a passion for what she does — and it's all good — nutrition, exercise, and just feeling good about yourself! Both children and adults were enthralled by this fast paced and entertaining show. Our patrons were fully engaged and participated eagerly! Everyone had such a great time and now they know how to juggle! And, thanks for your autographed book for our collection. I'm sure it will be very popular with our patrons. Wonderful show! We hope to see you next summer!" — Carole Mazzarino, Assistant Youth Services Librarian, Richard Salter Storrs Library, Longmeadow, MA

"A really fun show. I definitely recommend ToBe Fit to other libraries. It's a really fun and exciting way for kids to learn about healthy eating. A great opportunity for parents and kids to talk together about nutrition and making healthy choices here at the library!"

-Cheri Hardy, Children's Librarian, Hatfield Library, Hatfield, MA

Created by Barbara Storper, MS, RD and FoodPlay Productions
Winner of 10 National Awards plus an Emmy
Evidence Based with Proven Results
Serving up healthy habits to millions of children across the country!