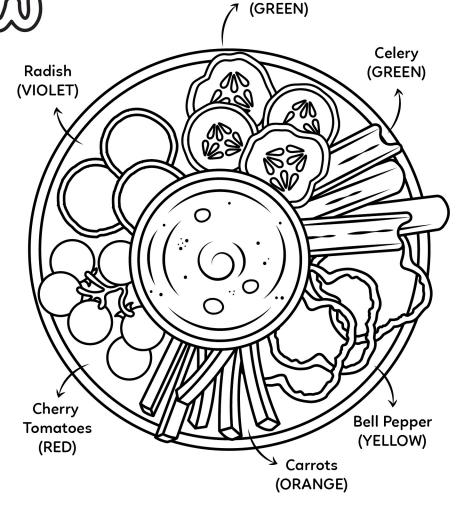
Rainbow

Here's a fun way to create and serve up a Veggie Rainbow with a variety of colorful fresh vegetables! See if you can arrange them in this order: R-O-Y-G-V



Cucumber

Kid's Kitchen

Ingredients:

You can choose various types of vegetables • Red: Cherry tomatoes from each color of the rainbow such as:

- Orange: Carrot sticks or baby carrots
- Yellow: Bell pepper slices
- Green: Celery sticks, cucumber slices
- Violet: Radish
- Dip: Hummus or salad dressing

Instructions:

- 1. Wash and cut veggies into fun shapes that are easy to dip.
- **2.** On a large plate, arrange the veggies into separate piles according to their color.
- **3.** Place a small bowl of dip in the center of the platter.
- 4. Share with your family or friends, and enjoy!